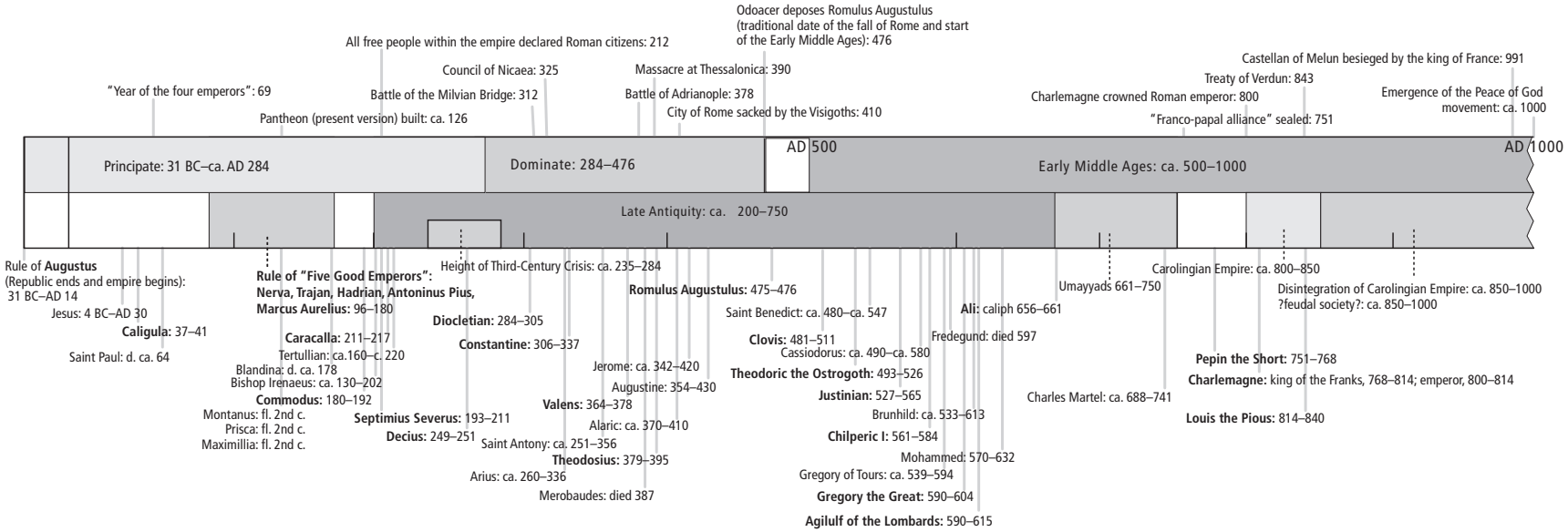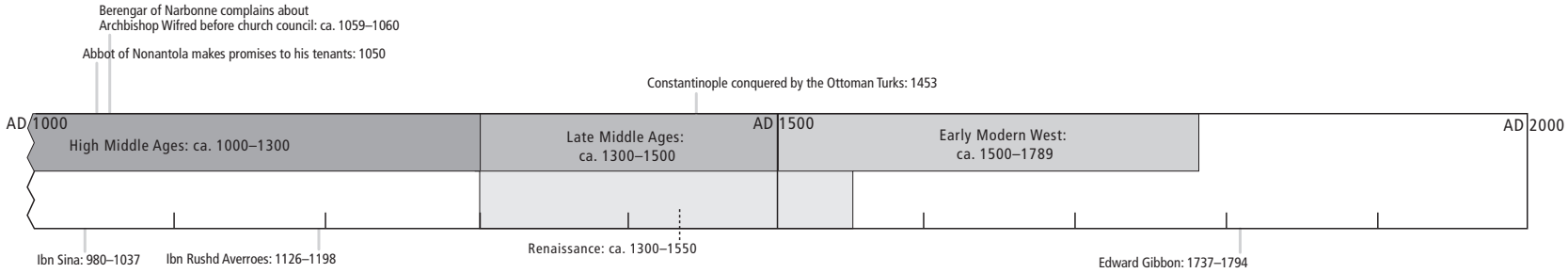LATE ANTIQUITY and the EARLY MIDDLE AGES